

1ST APRIL 2018 -
31ST MARCH 2019

MEMBERSHIP AND ACTIVITY PRICE LIST

SWISS COTTAGE LEISURE CENTRE

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In partnership with



WELCOME TO SWISS COTTAGE LEISURE CENTRE

Swiss Cottage Leisure Centre is one of five leisure centres owned by Camden Council and managed by Better. This brochure outlines the membership and pricing structure for the facilities at Swiss Cottage Leisure Centre.

Facilities	3
Finding the best membership for you	4
Membership options for Camden residents	5
Adult resident membership options and prices	6
Junior resident membership options and prices	7
Single activity prices for pay and play	8-14
Non-resident membership options and prices	15
Other Camden leisure centre locations	16



FACILITIES

Swiss Cottage Leisure Centre is located in the heart of Camden, close to Finchley Road and Swiss Cottage Jubilee Line tube stations.

The centre includes the following facilities:

- 200-station gym
- Two exercise studios
- 25m 8-lane swimming pool
- Children's pool
- 2 squash courts
- 4-court sports hall
- Sauna and steam facilities
- Climbing wall
- Multi layered soft play facility
- Spa Experience
- Group cycle studio
- Café



FINDING THE RIGHT MEMBERSHIP FOR YOU

Become a member at Swiss Cottage Leisure Centre

Our friendly staff are always on hand to help you make the most of your leisure centre. Our team will talk through how we can support you. There are a range of memberships and we will help you to choose the one that's right for you.

You can become a member online at any of our leisure centres by going to better.org.uk/memberships

Concessionary membership

You may be entitled to a cheaper membership. Concessionary membership is open to those who are in receipt of:

- Housing benefit
- Council tax reduction
- Working tax credit
- Jobseeker's allowance
- Registered disabled
- Aged 55+
- Student aged under 18

Our team will inform you of the relevant documents you'll need to bring with you when purchasing this form of membership. Concessionary membership is available for both pre-paid and pay and play options.

BECOMING A MEMBER AT SWISS COTTAGE LEISURE CENTRE WILL ALSO PROVIDE YOU WITH ACCESS TO OUR FOUR PARTNER CENTRES ACROSS CAMDEN.



MEMBERSHIP OPTIONS FOR CAMDEN RESIDENTS

Pay and play membership

This is our most flexible membership option. You pay a one-off low cost annual membership fee and pay a reduced fee each time you visit. You can find out more about our leisure activity prices on pages 8-10.

Pre-paid membership

This membership gives you unlimited use of the gym, swimming pool and fitness classes. Pre-paid memberships include a one-off joining fee and can be paid monthly (by direct debit) or in a single annual payment.

Using the centre without a membership

You don't have to be a member to use our leisure centres. There are non-member rates for individual activities and fitness classes, see pages 9 and 10. Please note that the use of the gym is not included within this option.

PAY FOR 12 MONTHS AT THE PRICE OF 10 WHEN YOU PAY ANNUALLY



ADULT RESIDENT MEMBERSHIP OPTIONS INCLUDING CONCESSIONS*

	Resident membership type	Includes access to			Applies to		Method of payment	
		Gym	Swim	Fitness Classes	Camden	UK wide	Direct Debit Monthly Fee	Annual Fee
Prepaid	Disability Camden	•	•	•	•		£9.95	£99.95
	Disability UK	•	•	•	•	•	£19.95	£239.40
	Health and Fitness Concession*	•	•	•	•		£31.70	£317.00
	Health and Fitness Camden	•	•	•	•		£49.95	£499.50
	Health and Fitness UK (inc. Racquet sports)	•	•	•	•	•	£57.95	£579.50
	Swim Only		•		•	•	£31.50	£378.00
	Student 19+	•	•	•	•	•	£33.95	£339.50
Pay & Play	Adult Pay and Play Concession*	•	•	•	•		N/A	£5.40
	Adult Pay and Play	•	•	•	•		N/A	£39.75

JUNIOR RESIDENT MEMBERSHIP OPTIONS INCLUDING CONCESSIONS*

	Resident membership type	Includes access to			Method of payment	
		Gym	Swim	Fitness Classes	Direct Debit Monthly Fee	Annual Fee
Prepaid	Health and Fitness Junior Concession*	•	•	•	£13.10	£130.80
	Health and Fitness Junior	•	•	•	£16.05	£160.50
	Student 16 - 18	•	•	•	£31.70	N/A
Pay & Play	Junior Pay and Play Concession*	•	•	•	N/A	£2.70
	Junior Pay and Play	•	•	•	N/A	£5.00

All Junior memberships listed above are Camden leisure centres only.

ACTIVITY PRICES FOR PAY AND PLAY INCLUDING CONCESSIONS*

Activity prices

Below are the prices for Swiss Cottage Leisure Centre. For the full range of activities and prices for Camden, contact the leisure centre of your choice. See page 12 for contact information or visit better.org.uk/camden

Gym prices

Adult	Standard	£8.30
	Concession*	£3.90
Junior	Standard	£4.80
	Concession*	£3.15

All gym users must first complete a gym induction. This can be done at the Camden leisure centre of your choice. See page 12 for contact information. The prices for a gym induction are below.

	30 minute (gym induction only)	60 minute (gym induction and personalised fitness programme)
Standard	£35.25	£42.20
Concession*	£19.00	£19.80

Please note that non-members cannot use the gym.

Fitness Classes

For the full timetable, please visit better.org.uk/swisscottage or ask at reception.

Adult	Standard	45 minute class - £5.25 60 minute class - £6.75
	Concession*	45 minute class - £3.20 60 minute class - £3.60
	Non - member	60 minutes class - £9.40 45 minutes class - £7.95

Health Suite

The health suite is situated on poolside and consists of a sauna, steam room and spa pool.

Adult	Standard	£9.75
	Concession	£6.10
	Non-member	£12.95

ACTIVITY PRICES FOR PAY AND PLAY INCLUDING CONCESSIONS*

Swimming

Swimming pools are at the following leisure centres:

- Pancras Square Leisure
- Oasis Sports Centre
- Kentish Town Sports Centre
- Swiss Cottage Leisure Centre

See page 12 for the address and contact information for our leisure centres.

Adult	Standard	£4.35
	Concession*	£2.25
	Non - member	£6.05
Junior	Standard	£1.75
	Concession*	£1.50
	Non - member	£2.00

Free swimming

If you're 60+ and a Pay & Play member, you can swim for free Monday to Friday from 6.30am to 12 noon.

Squash

The below prices are for 40 minutes court hire. We charge a £10 deposit for equipment hire which we refund upon return of the items at the end of your session. There are 2 courts available which are very popular so booking in advance is recommended.

Adult	Standard	£10.05
	Concession*	£5.35
	Non - member	£13.90
Junior	Standard	£5.20
	Concession*	£3.45
	Non - member	£8.20

Health Suite

The Health Suite is located on the first floor, and includes use of the sauna, steam room and monsoon shower.

Climbing Wall

Our Climbing Wall has classes for both adults and children from beginners through to specialised advanced courses. For further information please contact the centre directly or visit better.org.uk/swisscottage

Adult	Standard per instructed session from:	£23.10
Junior	Standard per instructed session from:	£14.50

Sport Hall

The Sports Hall is a multi-sport arena featuring four badminton courts, one basketball court and one volleyball court. Event seating for up to 100 people is available. The Sports Hall is available for block bookings and one-off use.

Adult	Standard	£10.50
	Concession*	£4.85
Junior	Standard	£5.10
	Concession*	£3.45

Outdoor Pitch

Our outdoor pitch is great for school use, tournaments and friends that like a game after work. The pitch can be booked on a one-off basis or block bookings are available.

1 hour	Standard	£67.75
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Crèche

Crèche for under 5's gives you the chance to take part in leisure activities, knowing your children are well-cared for. You can leave your child for up to two hours. Booking is essential and places are limited. Our Crèche is OFSTED Registered, which means that the Crèche is regulated and inspected to ensure the care of the children who attend is of an excellent standard.

Our Crèche opening times are:

Monday to Friday 9am - 3pm and Saturday and Sunday 9am - 1pm

Adult	Standard	£8.50
	Concession*	£5.10

Rascal / Soft Play

Treat the kids to an indoor adventure all year round. Give them the freedom to play and use their imagination with our purpose built play areas with lots of different interactive sections.

Rascals Over 5 years**	Standard	£4.90
	Concession*	£2.70
	Non - member	£6.95
Rascals Under 5 years	Standard	£4.25
	Concession*	£2.30
	Non - member	£5.95
Toddlers World	Standard	£3.55
	Concession*	£2.35
	Non - member	£6.10

**Socks must be worn at all times and parental supervision is required.

**Maximum age for this session is 11 years old.

Spa Experience

Swiss Cottage Leisure Centre is home to a fantastic boutique spa. We offer a range of beauty and relaxation treatments and have a great looking Sauna and Aroma Steam Room.

Choose from a range of Spa Experience Signature treatments and packages, including body treatments, facial treatments, massage therapies and finishing touches.

Treatment	Cost From	Cost to
Massage	£30.00	£89.00
Elemis Facials	£30.00	£70.00
Manicure/Pedicure	£22.00	£32.00



MEMBERSHIP OPTIONS FOR NON-RESIDENTS

	Adult / Junior non-resident -Membership Name	Includes access to			Applies to		Method of Payment	
		Gym	Swim	Fitness Classes	Camden	UK wide	Direct Debit Monthly Fee	Annual Fee
Prepaid	Health and Fitness Junior	•	•	•	•		£16.05	£160.50
	Disability UK	•	•	•	•	•	£19.95	£239.40
	Student	•	•	•	•	•	£42.00	£420.00
	Health and Fitness Camden	•	•	•	•		£57.95	£579.50
	Health and Fitness UK	•	•	•	•	•	£70.00	£700.00
	Swim Only		•		•	•	£31.50	£378.00
Pay & Play	Adult Pay and Play	•	•	•	•		N/A	£79.30
	Adult Pay and Play Concession	•	•	•	•		N/A	£34.60
	Junior Pay and Play	•	•	•	•		N/A	£15.30
	Junior Pay and Play Concession	•	•	•	•		N/A	£2.70

BETTER LEISURE CENTRES IN CAMDEN

Kentish Town Sports Centre

Grafton Road,
Kentish Town, London,
NW5 3DU
Tel: 020 7974 7000

Oasis Sports Centre

32 Endell Street,
Covent Garden, London,
WC2H 9AG
Tel: 020 7831 1804

Pancras Square Leisure

5 Pancras Square,
King's Cross, London,
N1C 4AG
Tel: 020 7974 5555

Swiss Cottage Leisure Centre

Adelaide Road,
Swiss Cottage, London,
NW3 3NF
Tel: 020 7974 2012

Talacre Community Sports Centre

Dalby Street,
Kentish Town, London,
NW5 3AF
Tel: 020 7974 8765



You can find out more about our leisure centres at
better.org.uk/camden

Membership terms and conditions apply, please visit better.org.uk/terms for details. Leisure centre prices are reviewed annually and may increase. Activity prices vary slightly from centre to centre. Activity prices are the maximum you will be expected to pay. Prices are correct as at April 2018. For up-to-date prices, speak to a member of staff in centre. Better is a registered trademark and trading name of GLL (Greenwich Leisure Limited), a charitable social enterprise and registered society under the Co-operative & Community Benefit & Societies Act 2014 registration no. 27793R. Registered office: Middlegate House, The Royal Arsenal, London, SE18 6SX. Inland Revenue Charity no: XR43398