

Islington Tennis Centre Adult Group Coaching

Day	Time	Level	Member Price
Monday (Indoor)	8am-9am	1 Beginners	£58.10 per month
	8pm-9pm	2 Intermediate	
Tuesday (Indoor)	7pm-8pm	1 Beginners	
	8pm-9pm	2 Intermediate	
	9pm-10pm	3 Advanced Intermediate	
Wednesday (Female Only)	9am-10am	1 Beginners	
Thursday (Indoor)	8am-9am	4 Advanced	
	9am-10am	Intermediate	
	7pm-8pm	1 Beginners	
	8pm-9pm	2 Intermediate	
	9pm-10pm	4 Advanced	
Saturday (Indoor)	2pm-3pm	1 Beginners	
Sunday (Indoor)	11am-12pm	2 Intermediate	

Level 1 Beginners:

You have either never picked up a racquet before or have only played for fun and want to learn some more.

Level 2 Intermediate:

You can maintain a groundstroke rally, serve and have some knowledge of the rules

Level 3 Advanced Intermediate: Your skills and knowledge will be developed to enable you to progress to the next level.

Level 4 Advanced

You are competent in all areas, tactically aware, and able to play matches

Book online at www.betterlessons.org.uk or speak to a member of our reception team. Our courses run 50 weeks a year with a break for Christmas.



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